



Get out for Good

Supporting people recently released from prison

**Being released from prison can be a time of confusion, frustration and stress.
The Get out for Good program provides community and connection.**

Where: Madge Vinnell Centre (behind the Anglican Op Shop) Anzac Street, Moe
Day: Tuesdays
Time: 10am – Midday
Cost: Free

Call in for a cuppa in a safe, and stress free environment where you can talk with others who understand what you are going through.

Participants say the difference Get out for Good can make:

"A place to reclaim life after prison"

"Cake, coffee and company without judgement"

"Helping me to be free and cope better day to day."

For information phone or text:

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